

Week 3

Please put a tick ✓ in the box next to the main meal or vegetarian option or if you will be providing your own packed lunch for your child.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Homemade Pork Meatballs in a Rich Tomato Sauce with Spaghetti <input type="checkbox"/>	Homemade Minced Beef and Onion Slice <input type="checkbox"/>	Local Butcher's Roast Pork served with Apple Sauce, Yorkshire Pudding & Gravy <input type="checkbox"/>	Homemade Sweet and Sour Chicken <input type="checkbox"/>	Oven Baked Young's Omega 3 Fish Finger or <input type="checkbox"/>
Vegetarian Option	Quorn Meatballs in a Rich Tomato Sauce with Spaghetti <input type="checkbox"/>	Homemade Vegetable Parcels <input type="checkbox"/>	Quorn Fillet served with Yorkshire Pudding and Gravy <input type="checkbox"/>	Homemade Sweet and Sour Vegetables <input type="checkbox"/>	Homemade Cheese and Onion Quiche <input type="checkbox"/>
	Jacket Potato with Cheese <input type="checkbox"/>				
	Garlic Bread Salad Bar Selection	New Potatoes Fresh Sliced Carrots Peas	Roast Potatoes Fresh Sliced Carrots Broccoli Florets	Wholegrain and White Rice Salad Bar Selection	Chips Sweetcorn Baked Beans Salad Bar Selection
	Homemade Oaty Cookie	Angel Delight	Ice Cream Tub with Strawberry Sauce	Homemade Sticky Orange and Honey Cake	Ice Lolly
	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>	Own Packed Lunch <input type="checkbox"/>

Fresh Bread (when not already on the menu) and Cold Milk available everyday.

Choice of fresh Fruit or Muller Fruit Corner Yoghurt available as dessert alternatives everyday.