

St Thomas of Canterbury Church of England Infant School

Sawyers Hall Lane, Brentwood, Essex. CM15 9BX

Telephone 01277 223606

Fax 01277 232004

Email admin@stthomasinf.essex.sch.uk

Website www.stthomasofcanterburyinfantschool.co.uk

Headteacher Mrs C B L'Estrange BA Ed (Hons) NPQH



PE Impact Statement 2015-2016

For the academic year 2015-2016, Saint Thomas of Canterbury Infant School received £8,748 of funding from the Government known as the 'Primary Physical Education and Sport Premium'. It was ring-fenced to fund improvements to the provision of PE and sport, for the benefit of children and staff in our school so that all children develop healthy lifestyles.

I started the year by surveying the staff to find out about their current needs and areas where they felt confident. I also surveyed the EYFS staff separately to find out about the use of the EYFS outside areas and from here I planned the year ahead.

We have used the funding to improve the PE and Sport opportunities in our school. The use of the funding fits into these 5 areas:

5 Key Indicators of Improvements...

- engagement of all children in regular physical activity - kick starting healthy active lifestyles
- profile of PE and Sport being raised across the school as a tool for whole school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all children
- increased participation in competitive sport

The engagement of all children in regular physical activity - kick starting healthy active lifestyles

We have invested in a range of large and small scale equipment for our children to use for many years to come. Our children's involvement in PE has also increased over the last few years. Previously we had a 95% child involvement rate, due to injury, lack of kit, earrings etc. but now we are running at 99% and this is only not 100% due to injury. The investment in club subsidies has helped sustainability by ensuring the amount is affordable for families so they may continue to sign their children up for the same/alternative sports clubs the following term. It is also enough of an investment that families are committed and likely to be interested in further clubs, but it also ensures that there is enough money in the Sports Premium budget for future children to get involved and for us to support a range of clubs during the year. Our staff training has been invaluable in raising staff confidence when teaching across the PE curriculum. Training is tailored to individual staff too, so it supports where there is a need (team teaching sessions). We are also investing in rolls and inversions training for all our staff (including support staff) so that everyone is involved in the teaching and support of our children. This will really help with staff confidence in this area and directly feed into our ideal of all children being involved in regular physical activity. The investment in 'Maths of the day' ensures that children are active throughout the week - not just 'PE days' and across other curriculum areas. This in turn raises the profile of PE and Sport across our school. Our Olympics week that we have planned for July 2016 will certainly capture the interest and imagination of all our children. They will be participating in sports that they have

never experienced before and hopefully spark interest so our children can enrol in these sports both in and outside of school. This will lead directly into our children having healthy active lifestyles.

The profile of PE and Sport being raised across the school as a tool for whole school improvement

The investment in club subsidy ensures that all our children get access to a range of sporting activities at an affordable rate. There is a higher rate of child involvement and participation due to the parents being involved in the cost commitment they are making. If the child then shows a flair or interest in a certain activity then the parents are more likely to follow this up. Our tennis coach (Hit tennis) easily identifies children who have a flair for the sport and he is very good at speaking to parents in order to get the child involved in his club, out of school hours. Parents are also aware of our staff training and we have had a comment from a parent governor about the staff training we have undertaken. (See governor comment on the PE display board - 2015-2016.) I believe the profile of PE in our school is high - if parents are familiar with the sporting opportunities that our children have they are more likely to recommend our school to others and we will foster a reputation for giving children the best start in life. Again, the opportunities that Olympics week, our visit from 'Dan the Skipping Man' and our planned multi-skills competition will raise the profile of PE and Sport within our school. To promote inclusion, we are continuing to target a specific group of children who are in need of extra support with their fine and gross motor skills. This club - gym trail - supports a range of children and our funding ensures a trained member of staff runs the group and that high-quality resources are available for our children.

Increased confidence, knowledge and skills of all staff in teaching PE and Sport

Other than extra-curricular clubs we do not employ any outside coaches to teach our children during our curriculum time. We do not do this because we believe that not regularly teaching one very important area of the curriculum, such as PE, de-skills our staff. We feel that it is important for our staff to be actively involved in the teaching their children all areas of the curriculum and actively involved in their physical development. We invest money in the training of our staff regularly, using questionnaires to find out where the need is. Staff feedback shows us that, after the training, staff have gained confidence, knowledge and developed a range of new ideas in the areas we have been trained in. Therefore, child involvement and activity levels have increased (see data held in school). We feel that the children are learning more and the increase in staff knowledge is helping to provide clear progression of skills for our children. As the PE Lead, I have also disseminated information gained from training about the other opportunities there are in the area of physical development, for example coaches, physios, dieticians etc., that will hopefully spark the interest of children in our care. The purchase of the 'iMoves' and 'Maths of the day' schemes will greatly assist with the activity and fitness levels of our children as they are fast paced activities but also aid staff to teach in areas/topics in which they might feel less confident.

Boarder experience of a range of sports and activities offered to all children

Our staff training has helped us to be more aware of the new national curriculum requirements and, therefore, encourage our children to engage in healthy active lifestyles. Throughout the last 3 years, our children have had access to tennis, golf and basketball through school. This would not have been possible without the School Sports Premium funding as we use it to ensure the weekly fees for clubs are capped - enabling our clubs to be an affordable option for a wide range of children in our school. Interest within school also encourages children to become interested in the sport they are already involved in or other sports that may not have been an option before. We are also using the funding to buy in the expertise of 'Dan the Skipping Man' and a range of coaches for different sports for Olympics week including fencing, rugby and cricket. In addition, we are setting up a group of 16 children to be our 'Play Leaders'. They will be leading and supporting play and small competitions during play times and lunch times. This will help with the children's leadership and organisation skills, their ability to work in a team and involve the development of many more skills too.

Increased participation in competitive sport

We aim to encourage our children to be involved in competition, whether that is against another school, another class, year group or team within their own class. We are in the process of setting up an inter-school multi-skills competition for our KS1 children with a neighbouring Infant school. As a result of training courses, I have disseminated many ideas of how intra-school competitions could take place within our school and staff have already included this in their lessons. Children are involved in competition by scoring how many tags they can collect during a certain length of time and then these results are recorded and compared to others or the number of baskets scored by each team during a basketball match is recorded. Many classes also operate a 2 stars and a wish system or a marks out of 3 system where children give their peers comments (2 stars and a wish) or points (marks out of 3) linked to the success criteria as a result of their performance. When I have more information on this I can track the participation of our children. We believe that, when done well, the inclusion of competition in children's lives can impact on the children in many ways...

- *it drives us to perform at a higher level*
- *it teaches us to bring our best effort*
- *it teaches us to manage our nerves*
- *it teaches us that it does not have to be feared*
- *it teaches us to take risks*
- *it teaches us to cope when things do not go our way*
- *it helps us with goal setting*
- *it teaches us to play by rules*
- *it helps us to learn to win and lose with grace*
- *it is fun*
- *it can build self-esteem and resilience*
- *it teaches commitment*
- *it gives us another community*

We believe that this impact is invaluable to our children.

As part of our weekly Birthday Assembly we now also share the achievements of children within our school. This will help children who perhaps are not involved in sporting clubs outside school to gain an idea of what opportunities are available locally and speak to peers, the PE Lead or their parents about the possibility of joining, eventually with the opportunity of participating in competitions. We are setting up a group of 16 children to be our 'Play Leaders'. They will be leading and supporting play and small competitions during play times and lunch times. This will help with the children's leadership and organisation skills, their ability to work in a team and involve the development of many more skills too.

I have introduced a PE display board for our staff and children. It includes photos of our children in a range of sports contexts, quotes from children, staff and governors on the sport experienced in our school, a definition of physical education, our school's mission statement and ideas of how, as a school, we support and encourage our children. This helps to raise the profile of PE in our school, gets children and staff enthused about PE, shows parents what we do in our PE sessions and makes parents aware of our PE focus.

Sport and PE related activities and opportunities carried out during the academic year 2015-2016: *(linked to the 5 key indicators of improvements listed above)*

1. Staff training to promote consistent teaching, learning and children's progress across the school

We have had two sessions of gym training and two sessions of dance training. Staff are now enthused and more confident when teaching these areas. Confidence levels in both staff and children have risen and so have levels of child participation. The importance of raising the children's heart rate and keeping the children moving as much as possible was emphasised and

this has greatly improved the activity levels within our school. The training we have participated in has given staff greater confidence in their abilities to deliver high quality, active and motivating PE lessons.

2. Staff training (as listed above)

PE Lead training to staff included....

- sharing with staff the importance of PE
- the skills children can show and develop as a result of participating in sport
- lists of aspects that should be included in an outstanding PE lesson
- a recap on the fundamental movement skills including skill progression
- ideas about what sport can do for us and the importance of including 'health' into our lessons
- safety in PE
- ideas for including inter/intra school competitions within lessons
- differentiated PE groups
- use of LSA
- use of ICT within lessons
- ideas for warm up and cool downs
- How to WOW OFSTED course - run by Ilse Fullerton
- upgrading equipment - outside - more PE lesson can now be carried out outside - this increases
- weekly pupil participation in sporting activities
- inter-school competition - St. Helen's Infant School
- intra-school competition - between classes, year groups etc.

3. Knowledge and confidence

- gym training
- dance training
- planned rolls training - using this year's funding
- play Leaders
- subject leader support - supply and attendance

4. Broader experiences

- golf
- basketball
- tennis
- skipping
- ropes and wallbars training - as part of gym training - not used to full potential before training

5. Participation in competitive sport

- intra school competition
- St. Helen's inter school competition

Things we are to be proud of...

- Staff confidence in teaching a range of areas, including gym and dance, has soared since this money has been invested in 2013. This, in-turn, leads to higher levels of pupil involvement and ultimately fitness levels increasing.
- All our staff are 'on-board' and enthusiastic about training sessions - ideas are then used in lessons pupil involvement and skill level is enhanced because of it.
- All class teachers teach PE - we have no outside coaches. Other than extra-curricular clubs we do not employ any outside coaches to teach our children PE. We do this because we believe it de-skills our staff. We feel that it is important for our staff to be actively involved in the teaching of their children all areas of the curriculum and actively involvement in their physical development. We invest money in the training of our staff regularly (post questionnaire so we know where the need is) and staff feedback shows us that afterwards staff have gained confidence and a range of new ideas in the areas trained in and therefore pupil involvement and activity levels have increased.

Where the focus of our money lies for the academic year 2016-2017:

- Health and Well-being - using the funding for 'The Children's Health Project' - supporting children, parents and staff in the development of children's health and well-being including their mental health
- involvement in termly inter-school competitions with St. Helen's
- continuing the support for our extra-curricular clubs
- continue the 'Play Leaders' scheme
- enhancing and introducing new clubs to our offered clubs list including fencing and cricket
- survey children to ask what new sports they would like to see in school

Areas we are to report on next academic year (2016-2017):

- physical health - PE
- mental well-being
- individual development - play leaders, G&T children, staff - CPD
- social community development - parents, clubs, other schools - competition
- economic development - being able to sustain a job, resilience, confidence, presenting themselves well, maintaining the economy - employing coaches (as a school) purchasing equipment

Jennifer Nunn
PE Lead